

*Since 2003, Interfaith Health & Wellness has assisted faith community nurses and health ministry teams in educating, empowering and equipping members of their faith communities in the pursuit of health, healing and wholeness.*

*It is expected the faith community nurse to receive clergy support and to establish a volunteer health team, committee or ministry to ensure a sustainable program. If no registered nurse is available to assume leadership of this program, we will work with other identified leaders engaged in responding to the whole health needs of the faith community.*



*Visit us on the web at*

## BENEFITS AND OUTCOMES

The FCN Mentor Program provides the novice Faith Community Nurse with an experienced Mentor who has completed the Faith Community Nurse Basic Preparation Curriculum and is active in an established Practice. Both the Mentor and novice Faith Community Nurse strengthen their spiritual and professional skills based on mutual trust, security, confidentiality, respect and professional sharing of best practices.

The outcomes for the faith community can be life-saving. Understanding how health fits with faith traditions and beliefs leads congregations to develop Health Ministries that help the whole person — mind, body and spirit— promoting care of the sick and elderly, providing interventions that in some cases could help reduce premature death and prevent disease, supporting healthy lifestyles and health literacy, and providing navigation to community and behavioral health resources.

## CONTACT US

A Faith Community Nurse Mentor is available as a consultant to assist with the development process.

Call 561.345.2000 x256 to be connected with resources that support faith community health and wellness.

**Catholic Charities St. Francis Center  
100 W. 20th Street**

## FAITH COMMUNITY NURSE MENTOR PROGRAM

Caring for Body, Mind and Spirit



## FAITH COMMUNITY NURSING

Faith community nursing focuses on the intentional care of the spirit as part of the process of promoting holistic health and preventing or minimizing illness in a faith community. A faith community nurse (FCN) is a licensed, registered nurse. He or she is an independent practitioner working in faith communities to build on and strengthen the capacities of individuals and families to care for one another in the light of their relationship to God, their faith tradition, themselves, family, and broader society.

## FAITH COMMUNITY NURSE BASIC PREPARATION COURSE

The Interfaith Health & Wellness program offers the Faith Community Basic Preparation Course and Retreat, annually, each Summer. Open to all faiths.

## SERVING THE CONGREGATION

Faith community nurses educate and motivate people to understand how to take positive action regarding wellness, prevention, appropriate treatment of illness, and mental, emotional, social and spiritual health. The faith community nurse may serve as:

- health educator and counselor
- community liaison and patient advocate
- health resource and referral person
- trainer of volunteers and support groups
- coordinator of health services & visitations

## WHAT DOES MENTORING DO?

The mentoring experience will integrate Faith Community Nursing theory with practice in a faith-based relationship in which both the Mentor and novice Faith Community Nurse strengthen their spiritual and professional skills based on mutual trust, security, confidentiality, respect and professional sharing.

## HOW MUCH TIME IS REQUIRED?

Mentors and mentees meet at mutually agreeable times and within a time period that fosters a positive outcome — a great opportunity to interact with colleagues and increase your education within a timeframe that works for you!

Each faith community nurse uniquely serves his or her congregation based on the identified needs of that faith-based community. The time devoted to Health ministry in the congregation varies.



## SUPPORT SERVICES AND RESOURCES

There are many resources available to faith community nurses through the Interfaith Health & Wellness Faith Community Nurse and Nurse Mentor program.

**Complimentary newsletter** - Designed to assist faith community nurses and health ministry teams in educating, empowering and equipping their faith communities in pursuit of health, healing and wholeness.

**Email list** - Find out the latest news and events by joining our email list.

**Spirituality and health library and computer** - Our lending library houses books, professional publications and resources along with online access to helpful databases and information.

## ANNUAL EVENTS

Interfaith Health & Wellness Program offers several events for our faith community nurses, community supporters and the general public.

- Bi-monthly network meetings
- Spring Awards Luncheon
- Basic Preparation Course & Retreat
- Ministries of Care (for non-nurses)
- Webinars and CEU credit courses

Join us in support of Faith Community Nursing and help those in need of good health, healing & wholeness.

